

Swim Wales Winter Championships 2025 - 18/12/2025 to 21/12/2025

Meet Program - Session 9 (Warmup 4.20 - 5.20)

Event 309 Women 12 & Over 800 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 6 of 6 Finals Starts at 05:30 PM				
1	Cummer, Megan	18	Swansea Uni	9:24.00
2	Griffiths, Cerys	15	Pembs Cty	9:16.30
3	Mitchell, Abby	19	Swansea Uni	9:09.00
4	Gordon, Freya	16	Haslemere	9:03.70
5	Staines, Talia	23	Derwent&Gate	9:05.05
6	Toms, Emily	19	Swansea Uni	9:15.54
7	Chadwick, Phoebe	17	Teddington	9:21.77
8	Mason, Eliza	14	EllesmereCSA	9:25.80

Event 301M Men 50 LC Meter Freestyle (MC Final)

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals Starts at 05:41 PM				
1				—
2				—
3				—
4	%Broom, Dylan S14	23	Swansea Uni	NT
5	%Aaen, Bjorn-Sebastian S9	18	UniOfStirl/12, +	NT
6				—
7				—
8				—

Event 301 Men 12 & Over 50 LC Meter Freestyle

Lane	Name	Age	Team	Prelims
Heat 1 12-13 Finals Starts at 05:43 PM				
1	Mrozinski, Michal	13	Conwy	28.39
2	Bancroft, Theo	13	Monnow	28.06
3	Neimanis-Kosarevs, D	13	Nuneaton	27.93
4	King, Ethan	13	Penyrheol	27.42
5	Watkins, Dylan	13	Torfaen D	27.90
6	Jones, Sam	12	Co Cardiff	27.99
7	Evans, Sam	13	Pembs Cty	28.15
8	Dixon, Jamie	13	Okehampton	28.46

Alternates 12-13

1	Hughes, Freddy	13	Rct Squad	28.53
2	Fogarty, Oliver	13	Pembs Cty	28.54

Heat 2 14-15 Finals Starts at 05:45 PM

1	Park, Reggie Samuel	15	Holywell	26.12
2	Linge, Reece	14	EllesmereCSA	26.02
3	Douglas, Lucas	14	Atlantis	25.84
4	Woodrow, Leo	14	TauntonDeane	25.53
5	Major, Maximus	15	Torfaen D	25.57
6	Castillo, Airam	14	Co Cardiff	25.91
7	Hewitt, Archie	15	Torfaen D	26.05
8	Davies, Blake	15	Co Cardiff	26.12

Alternates 14-15

1	Miles, Harry	15	Co Cardiff	26.20
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Heat 3 16-17 Finals Starts at 05:47 PM

1	Ghetu, Marcu	17	Harrogate	25.87
2	Thomas, Lucas	17	NofioGwynedd	24.87
3	Lennon, Danny	17	Wrexham	24.80
4	Mruk, Lucas	17	Torfaen D	24.57
5	Kimaro, David	17	Hackney	24.68
6	Silverstone, Solomon	16	Pembs Cty	24.84
7	Watkins, William	17	Bridgend SC	25.52
8	Adams, Ronan	17	Bridgend SC	25.92

Alternates 16-17

1	Mills, Ioan	16	Torfaen D	25.93
2	Foster, Henry	16	Redditch	25.97

Heat 4 Super Final Finals Starts at 05:48 PM

1	Dietz, Fritz	21	Okehampton	23.96
2	Greenway, Morgan	22	Swansea Uni	23.74
3	Hyde, Brogan	22	UniOfStirl	23.65
4	Jones, Dan	29	Swansea Uni	22.70
5	Davies, Evan	19	Co Cardiff	23.52
6	Carswell, Thomas	25	Edinburgh Un	23.69
7	Docking-Smith, Frankie	21	Swansea Uni	23.77
8	Poole, Dexter	20	Swansea Uni	23.97

Event 302M Women 50 LC Meter Freestyle (MC Final)

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals Starts at 05:50 PM				
1				—
2				—
3	%Pilkington, Laura S6	28	Edinburgh Un/12, +, 3, 5	NT
4	%Kane, Abby S13	22	UniOfStirl	NT
5	%Humphrey, Eliza S11	20	Swansea Uni/TB	NT
6				—
7				—
8				—

Event 302 Women 12 & Over 50 LC Meter Freestyle

Lane	Name	Age	Team	Prelims
Heat 1 12-13 Finals Starts at 05:52 PM				
1	Ashby, Helena	13	TauntonDeane	29.20
2	Berner, Iyla	12	Nofio S Gar	28.93
3	Donaldson, Evie	13	Co Newport	28.85
4	Sweet-Roberts, Pip	13	Torfaen D	28.59
5	Bloomer, Molly	13	Hackney	28.82
6	Mellor, Medi	13	Nofio Bangor	28.93
7	Davies, Sophia	13	Co Cardiff	29.03
8	David, Emily	13	Cockermouth	29.26

Alternates 12-13

1	Emms, Ela	13	Co Cardiff	29.43
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Heat 2 14-15 Finals Starts at 05:54 PM

1	Givvons, Imogen	15	Torfaen D	28.27
2	Davies, Mae	15	Rtw Monson	28.23
3	Nichols, Grace	15	Pembs Cty	28.12
4	Jones, Maisie	15	Co Cardiff	27.76
5	Lee, Edith	15	Co Cardiff	28.07
6	Jones, Liberty	15	TauntonDeane	28.16
7	Mason, Eliza	14	EllesmereCSA	28.24
8	Spence, Emilia	14	Co Birm'ham	28.43

Alternates 14-15

1	Hall, Emily	15	Warrington W	28.43
2	Marshall, Ffion	15	Co Cardiff	28.45

Heat 3 16-17 Finals Starts at 05:55 PM

1	Williams, Rose A	17	Co Cardiff	28.36
2	Sherrard, Emme	16	Torfaen D	28.33
3	Dwyfor-Clark, Efa	16	NofioGwynedd	28.30
4	Winstanley, Elin	16	Co Hereford	27.66
5	Wood, Sophie	16	TauntonDeane	28.03
6	Day, Hannah	17	Co Cardiff	28.33
7	Dacey, Mollie	17	Co Cardiff	28.36
8	Schumm, Libby	16	Torfaen D	28.41

Swim Wales Winter Championships 2025 - 18/12/2025 to 21/12/2025

Meet Program - Session 9 (Warmup 4.20 - 5.20)

Alternates 16-17...(#302 Women 12 & Over 50 LC Meter Freestyle)

1	Robinson, Scarlett	17	Ulverston	28.61
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Heat 4 Super Final Finals Starts at 05:57 PM

1	Broder, Libby	19	Birm'ham Uni	27.24	___
2	Davies, Sophie	18	Millfield	26.77	___
3	Major, Scarlet	22	Swansea Uni	26.27	___
4	Taylor, Theodora	16	Torfaen D	25.37	___
5	Higgs, Meghan	17	Millfield	25.99	___
6	Jones, Isabella	20	Nofio S Gar	26.62	___
7	Podger, Jessica	24	Bath Univ	26.96	___
8	Crawley, Abigail	20	Swansea Uni	27.29	___

Event 303M Men 400 LC Meter Freestyle (MC Final)

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals Starts at 05:59 PM

1					___
2					___
3					___
4	%Aaen, Bjorn-Sebastian S9	18	UniOfStirl/12, +	NT	___
5					___
6					___
7					___
8					___

Event 303 Men 12 & Over 400 LC Meter Freestyle

Lane	Name	Age	Team	Prelims
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Heat 1 12-13 Finals Starts at 06:07 PM

1	Higgs, William	13	Caradon	4:50.36	___
2	Garnham, Sebastian	13	Teddington	4:49.83	___
3	Hughes, Freddy	13	Rct Squad	4:48.12	___
4	Staskus, Daniel	13	Millfield	4:32.60	___
5	Chalk, Alistair	13	Co Newport	4:47.92	___
6	Evans, Jake	13	Wrexham	4:48.23	___
7	Evans, Sam	13	Pembs Cty	4:49.94	___
8	Neimanis-Kosarevs, D	13	Nuneaton	4:50.46	___

Alternates 12-13

1	McCullagh, Patrick	13	Holywell	4:50.69
2	Fogarty, Oliver	13	Pembs Cty	4:55.33

Heat 2 14-15 Finals Starts at 06:13 PM

1	Davies, Tom	15	Co Newport	4:32.24	___
2	Davies, Callum	14	Okehampton	4:31.53	___
3	Godden, Finlay	15	Nuneaton	4:31.04	___
4	Morgan, Charlie	15	Teddington	4:21.20	___
5	Ma, Perrin	14	Hatfield	4:28.60	___
6	Scholes, James	15	Haslemere	4:31.31	___
7	Park, Reggie Samuel	15	Holywell	4:32.16	___
8	Vong, Joshua	15	Torfaen D	4:32.45	___

Alternates 14-15

1	Reece, Liam	15	Co Newport	4:34.01
2	Glanville, Harry	14	TauntonDeane	4:37.24

Heat 3 16-17 Finals Starts at 06:19 PM

1					___
2	Ashman, Beau	16	Millfield	4:19.48	___
3	Silverstone, Solomon	16	Pembs Cty	4:19.32	___
4	Bamborough, Jack	17	Co Cardiff	4:12.77	___
5	Sochovsky, Max	16	Millfield	4:19.26	___
6	Twigger, Owen	16	Swansea Aq	4:19.40	___
7	Brown, Layton	17	Nuneaton	4:35.20	___
8					___

Heat 4 Super Final Finals Starts at 06:25 PM

1	Sansome, Thomas	22	Wycombe Dist	4:09.89	___
2	Kershaw, Charles	23	Swansea Uni	4:03.25	___
3	Trebilcock, Thomas	22	Swansea Uni	3:59.49	___
4	Melbourne-Smith, Tyler	20	Lboro Uni	3:58.16	___
5	Williams, Josh	23	Swansea Uni	3:59.44	___
6	Bird, Kieran	26	Wycombe Dist	4:02.75	___
7	Owen, Vinnie	17	Co Cardiff	4:07.67	___
8	Nerushenko, Valeriy	20	Swansea Uni	4:10.17	___

Event 304 Women 12 & Over 50 LC Meter Backstroke

Lane	Name	Age	Team	Prelims
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Heat 1 12-13 Finals Starts at 06:30 PM

1	Tovey, Lyra	13	Mt Kelly	33.84	___
2	David, Emily	13	Cockermouth	33.33	___
3	Jones, Aimee	13	Okehampton	33.00	___
4	Sweet-Roberts, Pip	13	Torfaen D	32.52	___
5	Berner, Iyla	12	Nofio S Gar	32.87	___
6	Roberts, Rosie	13	Torfaen D	33.05	___
7	Henderson, Darcy	13	Okehampton	33.66	___
8	Ashby, Helena	13	TauntonDeane	34.05	___

Alternates 12-13

1	Van Zyl, Kiara	13	Co Cardiff	34.07
2	Szmigiero, Kaya	12	Aberystwyth	34.15

Heat 2 14-15 Finals Starts at 06:33 PM

1	Sundsbo, Klara	14	Hackney	32.62	___
2	Bennett, Isla	14	Co Cardiff	32.53	___
3	Edwards, Alaw	15	NofioGwynedd	32.20	___
4	Hall, Emily	15	Warrington W	31.87	___
5	Roberts, Isabel	15	Co Cardiff	31.95	___
6	Spence, Emilia	14	Co Birm'ham	32.43	___
7	Kindred, Ella	14	Co Hereford	32.58	___
8	Jones, Hunydd	14	Nofio S Gar	33.46	___

Alternates 14-15

1	Layland, Seren	14	Penyrheol	33.47
2	Hughes, Nel	14	NofioGwynedd	33.71

Heat 3 16-17 Finals Starts at 06:35 PM

1	Hatton-Ellis, Isabelle	17	Swansea Aq	32.45	___
2	Schumm, Libby	16	Torfaen D	31.84	___
3	Darby, Daisy	17	Teddington	31.65	___
4	Dwyfor-Clark, Efa	16	NofioGwynedd	31.23	___
5	Higgs, Meghan	17	Millfield	31.28	___
6	Howells-Davies, Lana	17	Crawley	31.69	___
7	Hernandez Taylor, Ivy	16	Hackney	32.44	___
8	Huws, Awen	17	Rct Squad	32.89	___

Heat 4 Super Final Finals Starts at 06:38 PM

1	Rose, Katie	19	Swansea Uni	31.04	___
2	Anderson, Rosalie	15	Co Cardiff	30.89	___
3	Humphreys, Ffion	17	NofioGwynedd	30.11	___
4	Sutton, Rebecca	24	Swansea Uni	29.19	___
5	Harris, Medi	23	Swansea Uni	29.19	___
6	Stead, Martha	20	Swansea Uni	30.65	___
7	Daniel, Megan	15	Caradon	30.98	___
8	Nichols, Grace	15	Pembs Cty	31.17	___

Swim Wales Winter Championships 2025 - 18/12/2025 to 21/12/2025

Meet Program - Session 9 (Warmup 4.20 - 5.20)

Event 305 Men 12 & Over 200 LC Meter Breaststroke

Lane	Name	Age	Team	Prelims
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Heat 1 12-13 Finals Starts at 06:41 PM

1	Greenwalker, Wilfred	13	Teddington	2:57.08	___
2	Hargraves, Elliot	13	Co Hereford	2:56.55	___
3	Edwards, Isaac	13	Wrexham	2:55.38	___
4	Thomas, Wilf	13	Millfield	2:52.86	___
5	Rodrigues Martins, F	13	Okehampton	2:54.98	___
6	Massimi, Daniel	13	Hackney	2:55.95	___
7	McCullagh, Patrick	13	Holywell	2:56.84	___
8	Swetman, Oliver	13	Co Cardiff	2:58.61	___

Alternates 12-13

1	Costello, Triston	13	Nuneaton	2:59.17	___
2	Marques-Jones, Felix	13	Carmarthen	2:59.31	___

Heat 2 14-15 Finals Starts at 06:45 PM

1	Bostock, Dyfan	15	Wrexham	2:47.77	___
2	Silvey, Harry	15	Millfield	2:46.53	___
3	Murphy, Heath	14	Nuneaton	2:41.72	___
4	Murphy, Rocco	15	Nuneaton	2:39.03	___
5	Sekula, Mateusz	14	Rhondda	2:39.14	___
6	Csoban, Benjamin	14	Co Newport	2:46.10	___
7	Opiniano, Nathaniel	15	Teddington	2:46.58	___
8	Sekula, Szymon	14	Rhondda	2:48.64	___

Alternates 14-15

1	Green, Joshua	14	TauntonDeane	2:48.80	___
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Heat 3 16-17 Finals Starts at 06:49 PM

1					___
2	James, Rhys	16	Rct Squad	2:45.60	___
3	Saukko-Paavola, Niklas	17	Leic Sharks	2:41.37	___
4	Neaves, Jake	16	EllesmereCSA	2:34.11	___
5	Brock, Freddy	16	Rct Squad	2:40.66	___
6	Bennett, Finley	16	Pembs Cty	2:43.06	___
7					___
8					___

Heat 4 Super Final Finals Starts at 06:53 PM

1	Meilleur, Elliot	15	NofioGwynedd	2:32.48	___
2	Lee, Tristan	19	Bath Univ	2:30.17	___
3	Grenardo, Alexander	18	Okehampton	2:21.08	___
4	Anderson, Maxwell	20	Co Cardiff	2:17.37	___
5	Inglis, Joshua	18	Swansea Uni	2:17.45	___
6	Hoey, Luke	23	Swansea Uni	2:29.24	___
7	Lovell-Pascal, Jean-Luc	20	Swansea Uni	2:31.15	___
8	Phillips, Finley	15	Nofio S Gar	2:34.06	___

Event 306 Women 12 & Over 200 LC Meter Butterfly

Lane	Name	Age	Team	Prelims
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Heat 1 12-13 Finals Starts at 06:57 PM

1	Cooksey-Owen, Mollie	12	Co Cardiff	3:03.56	___
2	Gray-Thomas, Jessica	12	Conwy	2:47.74	___
3	Lee, Seol Lucy	13	Co Cardiff	2:42.56	___
4	Morgan, Millie	13	Teddington	2:38.75	___
5	Osele, Isabella	13	Hackney	2:40.52	___
6	Tovey, Lyra	13	Mt Kelly	2:44.01	___
7	Pitt, Seren	13	Co Cardiff	2:49.15	___
8	Magnani, Layla	12	Hackney	3:04.44	___

Heat 2 14-15 Finals Starts at 07:01 PM

1					___
2	Tejedo, Lola	14	Co Cardiff	2:41.35	___
3	Griffiths, Cerys	15	Pembs Cty	2:36.97	___
4	Hill, Emma	14	Teddington	2:30.44	___
5	Bates, Molly	14	EllesmereCSA	2:31.02	___
6	Synowiec, Amelia	15	Conwy	2:38.58	___
7	Cooksey-Owen, Ruby-Mae	14	Co Cardiff	2:56.67	___
8					___

Heat 3 16-17 Finals Starts at 07:05 PM

1					___
2					___
3					___
4	Handley, Evie Louise	16	Okehampton	2:31.98	___
5					___
6					___
7					___
8					___

Heat 4 Super Final Finals Starts at 07:09 PM

1	Grant, Lucy	18	Swansea Uni	2:25.72	___
2	Hunter, Olivia	21	Swansea Uni	2:23.17	___
3	Owen, Gracie	17	Torfaen D	2:22.69	___
4	Johnson, Charlotte	22	Swansea Uni	2:18.12	___
5	Tallantyre, Seren	17	Morpeth	2:19.69	___
6	Andrews, Joanne	15	EllesmereCSA	2:22.98	___
7	Wheeler, Oriana	20	Swansea Uni	2:25.22	___
8	Faulkner, Ella	16	EllesmereCSA	2:26.83	___

Event 307M Men 100 LC Meter Butterfly (MC Final)

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals Starts at 07:13 PM

1					___
2					___
3					___
4	%Carter, Oliver S10	25	UniOfStirl/+, 12		NT
5	%Read, William S14	17	Swansea Aq		NT
6					___
7					___
8					___

Event 307 Men 12 & Over 100 LC Meter Butterfly

Lane	Name	Age	Team	Prelims
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Heat 1 12-13 Finals Starts at 07:15 PM

1	Pugh, Bryn	12	Co Hereford	1:10.83	___
2	Hughes, Freddy	13	Rct Squad	1:09.93	___
3	Fogarty, Oliver	13	Pembs Cty	1:09.68	___
4	Watkins, Dylan	13	Torfaen D	1:06.87	___
5	Evans, Jake	13	Wrexham	1:09.09	___
6	Steemson, Seth	13	Okehampton	1:09.85	___
7	Lawrence, Nicholas	13	Nuneaton	1:10.62	___
8	Palmer, Ollie	13	Okehampton	1:10.98	___

Alternates 12-13

1	Nuttall, Harri	12	Rhyl Dolphin	1:10.98	___
2	Higgs, William	13	Caradon	1:11.46	___

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Meet Program - Session 9 (Warmup 4.20 - 5.20)

Heat 2 14-15 Finals (#307 Men 12 & Over 100 LC Meter Butterfly)

1	Gwynfil, Solomon	15	Co Cardiff	1:02.99	___
2	Linge, Reece	14	EllesmereCSA	1:01.94	___
3	Cavill, Jack	15	Co Cardiff	1:01.64	___
4	Biddick, James	15	Okehampton	59.70	___
5	Major, Maximus	15	Torfaen D	1:00.55	___
6	Scholes, James	15	Haslemere	1:01.64	___
7	Douglas, Lucas	14	Atlantis	1:02.18	___
8	Davies, Blake	15	Co Cardiff	1:03.57	___

Alternates 14-15

1	Deacon, Cameron	15	Co Cardiff	1:03.87	___
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Heat 3 16-17 Finals Starts at 07:20 PM

1	Foster, Henry	16	Redditch	1:03.56	___
2	Sochovsky, Max	16	Millfield	1:02.07	___
3	West, Dexter	16	Pembs Cty	1:00.16	___
4	Thomas, Lucas	17	NofioGwynedd	59.14	___
5	Grenardo, Sebastian	16	Okehampton	59.85	___
6	Rixon, Oliver	17	Co Cardiff	1:01.90	___
7	Mills, Ioan	16	Torfaen D	1:02.82	___
8					___

Heat 4 Super Final Finals Starts at 07:23 PM

1	James, Harley	20	Co Cardiff	56.14	___
2	Knight, Jack	22	Co Cardiff	55.09	___
3	Armon, Jacob	22	Swansea Uni	54.89	___
4	Fraser, Lewis	25	Swansea Uni	53.48	___
5	Edwards, Dion	18	Swansea Uni	54.56	___
6	Edwards, Rhys	23	Swansea Uni	54.95	___
7	Rodriguez, Antonio	21	Swansea Uni	55.19	___
8	Sansome, Thomas	22	Wycombe Dist	56.27	___

Heat 2 14-15 Finals Starts at 07:33 PM

1	Hutchon, Annie	14	EllesmereCSA	2:34.99	___
2	Davies, Mae	15	Rtw Monson	2:33.61	___
3	Thomas, Serenity	15	NofioGwynedd	2:33.21	___
4	Andrews, Joanne	15	EllesmereCSA	2:26.18	___
5	Daniel, Megan	15	Caradon	2:28.18	___
6	Bennett, Isla	14	Co Cardiff	2:33.44	___
7	Teggarty-Sparks, Ida	14	Teddington	2:34.26	___
8	Ribeiro, Arianara	14	Co Cardiff	2:36.48	___

Heat 3 16-17 Finals Starts at 07:37 PM

1	King, Marley	17	Penyrheol	2:38.80	___
2	Lythgoe, Manon	16	Swansea Aq	2:33.41	___
3	Daw, Alexandra	16	Okehampton	2:29.62	___
4	Gibson, Mari	17	Co Cardiff	2:26.75	___
5	Logan, Constance	17	Co B'Ton & H	2:28.23	___
6	Robinson, Scarlett	17	Ulverston	2:33.32	___
7	Huws, Awen	17	Rct Squad	2:37.87	___
8					___

Heat 4 Super Final Finals Starts at 07:41 PM

1	Titchener, Megan	17	Torfaen D	2:24.44	___
2	Marshall, Holly	19	Co Cardiff	2:24.32	___
3	Gordon, Freya	16	Haslemere	2:22.62	___
4	Taylor, Theodora	16	Torfaen D	2:17.54	___
5	Major, Scarlet	22	Swansea Uni	2:20.03	___
6	Winstanley, Elin	16	Co Hereford	2:22.78	___
7	Stephenson, Ruby	18	Swansea Uni	2:24.38	___
8	Williams-Jones, Phoebe	19	Co Cardiff	2:25.08	___

Event 308M Women 200 LC Meter IM (MC Final)

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals Starts at 07:25 PM

1					___
2	%Lawn, Pippa SM14	15	Torfaen D	NT	___
3	%Webb, Saskia SM14	18	Pembs Cty	NT	___
4	%Williams, Rose SM14	17	Co Cardiff	NT	___
5	%Willis, Meghan SM9	18	Torfaen D/1, 3, 5	NT	___
6	%Humphrey, Eliza SM11	20	Swansea Uni/TB	NT	___
7					___
8					___

Event 308 Women 12 & Over 200 LC Meter IM

Lane	Name	Age	Team	Prelims
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Heat 1 12-13 Finals Starts at 07:29 PM

1	Mellor, Medi	13	Nofio Bangor	2:38.10	___
2	Jones, Aimee	13	Okehampton	2:37.46	___
3	Roberts, Rosie	13	Torfaen D	2:35.89	___
4	Berner, Iyla	12	Nofio S Gar	2:32.89	___
5	Davies, Isla	12	Nofio S Gar	2:33.66	___
6	Lewis, Harriet	13	Co Cardiff	2:36.04	___
7	Meenagh, Mai Van	13	Co Cardiff	2:37.55	___
8	Davies, Sophia	13	Co Cardiff	2:40.73	___

Alternates 12-13

1	Van Zyl, Kiara	13	Co Cardiff	2:41.12	___
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